



Photo: 2022 Mike Elliott Youth Festival - Thanks Southwest & Durango Nordic Teams

# 2023 Mike Elliott Youth Ski Festival

Presented by

Winter Park Competition Center and Rocky Mountain Nordic Preliminary Fact Sheet: January 30, 2023

UPDATED: February 11, 2023 (Green) UPDATED : February 24, 2023 (Purple)

# **LOCATION**

Snow Mountain Ranch - YMCA OF THE ROCKIES 1101 County Road 53, Granby, CO 80448

Race Headquarters: Legett Building

# **EVENT DATES & DESCRIPTIONS**

# Saturday, February 12, 2023

Youth Festival Race Registration is OPEN

- Race Participants MUST register individually ONLINE for the Classic Race & the Relay
- TWO Registration Links: Saturday Mass Start Classic & Sunday Mixed Relay
  - Saturday, Mass Start Classic: https://tinyurl.com/saturdayclassic
  - Sunday, Mixed Relay: <u>https://tinyurl.com/sundaynordicrelay</u>

# Race Entry Fees

- U8 / U10 \$10.00 Classic Mass Start Race
- U12 / U14 \$35.00 Classic Mass Start Race
- U16 / U18 / U20 \$45.00 Classic Mass Start Race
- Relays / All Grades \$10.00 Per Athlete

NOTE: The Youth Festival is a NON-Sanctioned Event / USSS Membership NOT Required o Invite your Nordic Friends!



## Wednesday, March 1, 2023

- 12:00 PM RMN Wax Protocol Call
  - All events are fluoro free; including kick wax
- Online registration will close at 11:59 PM Race Participants MUST register individually

#### Thursday, March 2, 2023

• 4:00 PM Registration List Available

#### Friday, March 3, 2023

• 12:00 - 4:00 PM Course Preview

# • 1:00 - 4:00 PM Ski Erg Challenge (Legett Building)

- 5:00 PM
- Coaches Meeting (ZOOM + Legett Building)
  - ZOOM Link Coming Soon
  - Start List Available for Classic Race

## Saturday, March 4, 2023

#### Bib Pick-up at Race Headquarters - Legett Building

• 8:00 - 9:30 AM

#### **Classic Mass Start Distance Race**

- U8 / U10 / U12 / U14 Saturday Classic Race seeding based on RMN Points
- U16 / U18 / U20 Saturday Classic Race NO athlete seeding / Mass Start Format

#### Distances

- 2K U8 + U10
- 4K U12 + U14
- 5K U16
- 10K U18/U20

#### **Start Times**

- 10:00 AM U14 Boys
- 10:15 AM U14 Girls
- 10:30 AM U12 Boys
- 10:45 AM U12 Girls
- 11:00 AM U8/U10 Boys
- 11:15 AM U8/U10 Girls
- 12:00 PM U16 Boys
- 12:10 PM U18/U20 Boys
- 12:20 PM U16 Girls
- 12:30 PM U18/U20 Girls



# Saturday, March 4, 2023 - EVENING

- 6:00 PM Race Headquarters Legett Building
- Classic Race Awards, Recognitions, & Ice Cream Social
- ALSO meet your SUNDAY RELAY TEAM PARTNER!

## Sunday, March 5, 2023

RELAY Bib Pick- Up at Race Headquarters - Legett Building

• 8:00 - 9:30 AM

## Team Sprint Freestyle Relays – COSTUMES are OPTIONALLY FUN!

- ALL teams will consist of 2 skiers
- Teams will be randomly assigned within relay categories
- Each skier will ski non-consecutive legs of the relay
- Relay Categories will be based on athlete grades as follows:
  - Grades K 1
  - Grades 2 3
  - Grades 4 5
  - Grades 6 8
  - Grades 9 12

#### Teams may be male, female or mixed gender - based on random drawing

- First place team awards will be given for each Relay Category
- Races are not timed, first across the line for each category are the winners
- AWARDS Following the completion of ALL relays

#### **Relay Start Time**

- 10:00 AM Grades 6 8 Each athlete skis 3 alternating 1K laps
- 10:45 AM Grades 4 5 Each athlete skis 3 alternating 1K laps
- 11:30 AM Grades 2 3 Each athlete skis 2 alternating 1K laps
- 12:15 PM Grades K 1 Each athlete skis 1 alternating 1K laps
- 1:00 PM Grades 9 12 Each athlete skis 3 alternating 1K laps
- 1:30 PM AWARDS All Grades

\*\* Relays will be skied to completion – times may be adjusted as necessary.

# ATHLETE & COACH WAIVERS

• Included within ONLINE Registration

# **TEAM TENT AREA**

- Near the Legett Building and in the Start/Finish Stadium
  - $\circ$   $\,$  Also includes warm-up area and wax testing area
- NO indoor waxing; waxing will take place outdoors in an assigned team camp area.
- NO electricity available in the Team Tent Area, Parking Lots, or Race Stadium



## **MEDICAL PLAN**

- Bryan Mountain Nordic Ski Patrol supports Nordic skiing in Grand County
- Grand County EMS will provide medical support and have an ambulance stationed at the Race Headquarters

## TIMING

• WPCC Event / Timing Crew

## PARKING

- A map will be provided with several parking options
- Snow Mountain Ranch Nordic Center (1K ski to the Start/Finish Stadium
- Snow Mountain Ranch Baseball Field
- Upper Lot of the Legett Building

#### HOUSING / MEALS

- Lodging reservations can be made directly with Snow Mountain Ranch (no event discounts)
- Reservation LINK: <u>YMCA of the Rockies Snow Mountain Ranch</u>

#### **MISCELLANEOUS**

- Restrooms: Legett Building and Porta-potties
- No dogs in the stadium area or on race course
- No walking on the groomed ski trails
- Spectators Access: Walking path from Legett & Nordic Center to the Start / Finish Stadium.

# **COVID PROTOCOL / GUIDELINES**

- Tonia Shaw is the COVID Coordinator for the WPCC
  - No current Winter Park Resort or Snow Mountain Ranch restrictions

# ANY QUESTIONS?

- Bruce Manske, WPCC Nordic Program
- 651-304-0467
- <u>bmanske@winterparkresort.com</u>



# **HISTORY: RMN Mike Elliott Youth Ski Festival**

(RMN Coaches - Please help edit this history – it's exciting to celebrate youth development)

Mike Elliott is a native of Durango, Colorado, and a fourth-generation Coloradoan. He started skiing when he was six years old and went on to compete in national level cross-country skiing. A protégé of Adolph Kuss, a Colorado Ski Hall of Famer, Mike was introduced to skiing and coached by Kuss in Durango's Junior Program, at Fort Lewis College, and on the U.S. National Ski Team. He became the Junior Rocky Mountain Division Cross-country Champion in 1958, and from there went on to win Junior National Championships, NCAA Cross-country Championships (twice), represented the U.S. on FIS Ski Teams (three times), represented the U.S. on Olympic Ski Teams (three times), served on President Ford's Commission on Olympic Sports, served on the Executive Committee of the USOC and won ten National Masters Cross-country Championships.

While competing at Fort Lewis College, Elliott won the only NCAA individual titles in school history by capturing the NCAA cross-country skiing championships in 1965 and 1966, earning All-America honors each season. He graduated from Fort Lewis College in 1966 with bachelor's degrees in English and history. Mike Elliott was inducted into the Fort Lewis College Athletic Hall of Fame in 1981, becoming the school's first-ever student-athlete to achieve the distinction.

Elliott had his competitive ski career interrupted during a three year tour of duty as an Infantry Officer in the US Army, which included a year in Vietnam in 1968-69. After an honorable discharge from the US Army, Mike attended graduate school at Colorado State University and continued skiing and competing on the United States Olympic Cross-Country Ski Team. He competed in the Winter Olympics in the 15 kilometer, 30 kilometer, 50 kilometer and cross country relay events in 1964, 1968 and 1972.

Mike Elliott is father to Tad Elliott, former U.S. Ski Team member and a three-time World Championship team skier, Evan Elliott, currently the head Nordic coach for Durango Nordic, and Paige Elliott, a development coach with the U.S. Paralympic Nordic Team. The Elliotts are a unique family in the world of U.S. Cross Country Skiing and have been a special part of the Durango Nordic Ski Club for decades, promoting youth development in Nordic skiing.